Dear Parent/Carer

As part of our ongoing pastoral care work in school we are delighted to provide school counselling which is available to all the pupils in our school. The school counsellor is a member of the Familyworks Counselling Team who are the recognised provider of all Post-Primary Schools Counselling in Northern Ireland.

Our school counsellor Joan will be available in school and will be happy to see any pupil who wants to discuss issues that concern or worry them. Most pupils want to talk about normal things that happen in everyday life like a fall out with friends or a change in their life or family or a bereavement. We believe that parents are the most important adults in a child’s life, so the school counsellor will always encourage them to talk to you about their worries as well.

While school counselling is a confidential service we recognise the need for parents to be involved in helping their child make the choice about seeing the school counsellor. Pupils are normally referred to the service by parents but can self refer or be referred by teachers. You can ask for your child to be referred by speaking to their class teacher. They will pass on your child’s details to the counsellor. You will be given a referral form to fill in. The counsellor will then contact you to discuss things with you before seeing your child.

Many Thanks

Mrs Gollogly

Acting Principal